New Residents

Please be sure and give our new neighbors a warm welcome! There are so many opportunities to meet your neighbors in the dining room and as you join in our daily activities.



Mary D **Gregg K**

Loretta E

We look forward to meeting you!

Resident Ambassadors

Judy D. Ginny L. Sharon B. Ken B. Mary Lou S. Bobbie W. Avis Von E. Fran K.

Here at Nine Mile we have a group of residents dedicated to welcoming our new neighbors! Please don't hesitate to contact any one of them or our Life Enrichment Director, Lauren, if you have any questions about the community or our monthly calendar.

Resident Council

Judy D. Pat H. Ginny L. Curt C. Sharon B. Janet S. Pat W. Mary Lou S.

Do you know that we have an active Resident Council here at Nine Mile Creek? Do you have some concerns or questions about the community or things you would like to see changed or implemented? Let your voice be heard! Feel free to contact these residents listed above if you have something in mind. Resident Council is the second Monday of each month at 2:30pm.

Our Management Team



Luke L. Executive Director



Leanne O. Director of **Health Services**



Paul A. Maintenance Director



Tami F. Marketing

Director



Charlie W. Culinary Director



Life Enrichment Director



Brigette P. Resident Services Coordinator



February 2025 Newsletter

2301 VILLAGE LANE, BLOOMINGTON MN 55431

(952)-888-0731

A NOTE FROM OUR LIFE ENRICHMENT DIRECTOR

Grocery Store Outings:

Fridays at 10:00am the bus will shop at one of the following locations:

2/7 Festival Foods 2/14 Cub/Arcs Value/Dollar Tree 2/21 Target/Trader/Byerly's 2/28 Walmart/Aldis

Game Time:

Check the calendar for programs that fall on alternating weeks.

Mondays: Crosswords at 3:30 Cards "500" at 6:00

Tuesdays: Mexican Train at 10:30

Billiards at 3:30 Bridge Club at 6:00

Wednesdays: Penny Poker at 3:30

Wii Golf at 3:30

Thursdays: Cribbage Club at 1:30

Wii Bowling at 2:30

Bingo at 3:30

Fridays: L/R/C Dice Game at 3:30 Cribbage Club at 6:00

Saturdays: Rummikub at 1:30



Happy February!

There is a lot happening this month, please be sure to take a close look at the calendar and sign up in advance for our outings! We will be attending the Spring Flower Show at the Arboretum on

February 5th, heading to Good Earth for lunch and a walk at the Galleria in Edina, and we will also go to The Museum of Russian Art. More information is included in the following pages about all of those special outings!

We will celebrate Valentine's Day with a Classic Love Song Sing Along, Heart's Happy Hour, Valentine Bingo, and Valentine Cookie Decorating Social.

Super Bowl Sunday is on February 9, you are invited to the 4th Floor Theatre to watch the game on the big screen with your neighbors and friends! Snacks served as well!

I have heard from several of you that you might be interested in a Support-Group/Grief Group here at Nine Mile. If you could please contact me and share a little more about how that might look to you, that would be very helpful. As always, please share your suggestions and ideas. We would love to hear what

you are interested in doing or even leading here at Nine Mile!

See you soon! Lauren Mielzarek (952) 346-9574



Monthly Activities

Calendar Planning What's Happening? We will meet on the first Monday of the month at 10:30am in the Event Center. Bring your ideas, let us know what you would like to see on the calendar. YOU are what makes this possible so please share with us!

Book Club is on the 2nd Tuesday of each month at 1:00pm in the Event Center.

Chat with Chef is on the 2nd Wednesday of each month at 10:30. This is a great opportunity to share your comments with our Culinary Director Charlie. Please attend, your feedback matters!

Coffee Talk is the 3rd Monday of each month at 10:30 in the Club Room. Let's get together and meet our neighbors! Coffee and treats will be served.

Men's Group is the 4th Monday of each month at 10:30 in the Club Room, join us for a sweet treat and casual conversation with the other men of Nine Mile Creek.

Trivia Time has moved to Wednesdays at 11:00am, for those of you looking for something different to do - come try this fun jeopardy/trivia game. We play as one team, no pressure!

Town Hall is a monthly meeting where you can learn what's going on in our community. This month Town Hall is on February 18 at 3:30pm in the 2nd Floor Event Center.

Lifelong Learning - MacPhail Music

Tuesday, February 4 at 2:00pm - Language of Love Songs: From Elizabethan lute songs to Romantic lieder to American jazz ballads - we'll explore the musical language of love songs through the ages.

Tuesday, February 18 at 2:00pm - Duke Ellington: A master of America jazz composition, Duke broadened the sound of jazz music through his leadership of swing bands, musical composition, and promotion of individual jazz artist.

Speaker from Odom: Reducing Scam Risk

Tuesday, February 11 at 2:00pm

Together we will learn some of the ways we can protect ourselves and reduce the risk of scams.

Art Lecture: What is Art and Who Was Norman Rockwell?

Friday, February 7 at 2:00pm in the Theatre

Join our educational speaker, Gary Hanson, for this interesting topic.

February is Norman Rockwell's birthday month!

Hennepin County Recycle Presentation - February 25 at 2:00pm

Whether you have been here for a while are you are new here to Nine Mile, join us for this informational session put on by a Hennepin County employee. Have you ever wondered exactly what can be recycled, or how our recycling gets sorted when it arrives at the recycling center? Come and learn more, we'll see you in the theatre!



Special Event - Piano Recital

Saturday February 22

Join the students ages 6 - 12 years old from Anthem Academy at 2:00pm in the Main Dining Room as they share their music with us!



January Entertainment



2/5 Concert & Cookies - Piano with Linda Peterson

2/12 Valentine's Happy Hour - Acoustic Love Songs with Mary Hall

2/22 Concert & Cookies - Summit Music

2/26 Happy Hour - Guitar Music with Vinnie Rose

February Holidays

Black History Month celebrated annually in February, is a time to recognize and celebrate the achievements and contributions of African Americans throughout U.S. history, highlighting their central role in shaping the nation, and bringing awareness to often overlooked aspects of Black history and culture; it serves as an opportunity to learn about important Black leaders, historical events, and



societal advancements made by Black people across various fields .



Groundhog Day falls on February 2 and is derived from the Pennsylvania Dutch superstition that if a groundhog emerges from its burrow on this day and sees its shadow, it will retreat to its den and winter will go on for six more weeks; if it does not see its shadow, spring will arrive early.

Valentine's Day is a holiday celebrated on February 14th that honors love, friendship, and admiration. It's also known as Saint Valentine's Day. It originated as a Christian feast day honoring a martyr named Valentine, and through later folk traditions it has also become a significant cultural, religious and commercial celebration of romance and love in many regions of the world.





President's Day is a federal holiday in the United States that honors the country's presidents. It's celebrated on the third Monday in February. The holiday was originally established in 1879 to commemorate the birthday of George Washington, the first president. Abraham Lincoln was also born in February.

A Message from Our Chaplain

My children always like a good party. Luckily for them, birthday parties are a pretty common occurrence these days in the life of our family. In January, I attended not one but two of them! Both featured balloons, activities, party favors, birthday cake, and a small group of rambunctious six- and seven-year-old girls having the time of their life!

Young children seem to have little trouble tapping into a genuine spirit of joy and celebration in their lives. A birthday once every year isn't nearly enough—many like to mark half-birthdays in special ways too! (Don't tell my daughter that she's only six years old because she'll quickly cor-



rect you, "I'm six and a half!"). As we grow older, we tend to lose that same exuberance and enthusiasm around celebrating our birthday. We tend to get sheepish around celebrating at all, too quick perhaps to tell ourselves and others that "it's just another day."

Undoubtedly, to celebrate our 91st birthday is a different thing than celebrating our 9th. And yet for all the changes that the years do bring to our lives and our aging bodies, there may be just as much reason to celebrate now as when our lives had just begun! Without dismissing our real aches and pains or the persistent challenges that come with getting older, we can find joy and even fun in the here and now. At any age, we can take time to celebrate all that we've learned along the way, enjoy the blessings that surround us, and cherish the gift of life that is still very much ours to behold.

~ Chaplain Craig Simonsen

Spiritual and Religious Services

- Bible Study & Coffee with Chaplain Craig: Thursdays at 10:30am, all are welcome.
- Catholic Communion: Thursdays at 10:00am, led by volunteers from Nativity of Mary Church.
- Church Service: Non-denominational, Thursdays at 1:00pm with Chaplain Craig

Marketing Notes



Find a Friend Promotion: We have current availability! If you refer a friend to live here, you both receive \$500 off on your next month's rent! Please contact our Sales and Marketing Director, Tami Forsyth with questions.

Events & Outings Sign Up:

Please be sure to sign up in advance for our bus outings. Sign-Up Book is located in the lobby.

2/5 — Spring Flower Show & Lunch at the Landscape Arboretum

Bus leaves at 10:30am. Join us as we visit the Spring Flower

Show inside the Visitor Center! Please bring money for a café
lunch. There is also an art gallery and gift shop available.

2/19 — Lunch Outing to Good Earth & Walk at Galleria Mall

Bus leaves at 10:30am. Join us as we enjoy an early lunch
and a walk inside the Galleria Mall in Edina.

2/26 — The Museum of Russian Art

Bus leaves at 10:00am. Tickets will cost \$10 at the door. You may pay there, or Lauren will buy your ticket and you will see the charge on your next billing statement. Current Exhibitions Below:

A Thousand Nesting Dolls: The exhibition showcases TMORA's unique collection of nesting dolls, the largest in this country. The display includes some of the earliest dolls ever created and traces the development of the craft through the 20th century. From village handiworks to artist-painted pieces, the artifacts on display present an astounding variety of styles and themes.

Russia's Native Mushrooms: Botanical Watercolors by Alexander Viazmensky. The exhibition focuses on realistic depictions of Russia's native mushrooms. Drawing on the collections of Michael Boltsman, and the Rich Family, the exhibit

Michael Peltsman and the Rich Family, the exhibition includes 25 works by this prominent botanical artist. These watercolors belong to the genre of botanical art. True -to-life renderings of plants and fungi have been used by scholars and lovers of nature for many centuries. As an art form, the genre fosters observation and appreciation of the functionality, diversity, and beauty of the living world.

Say No to War: Political Cartoons by Ukrainian and Russian

Artists—The 4th Iteration. This exhibition of antiwar political cartoons includes recent works by renowned cartoonists from Ukraine and Russia created in response to the Russian aggression in Ukraine. The exhibition is organized by TMORA in collaboration and partnership with Minnesota artist Andrey Feldshteyn, who has worked in the genre of political cartoons for four decades. At the beginning of the war, Andrey approached a number of artists with an invitation to share their works for this exhibitions and they sent their amazing works to be displayed at TMORA.







Polka & Polka Dots Happy Hour











Resident Birthdays

February Birthdays!

Please join us on Friday, February 21 to celebrate all of our birthdays this month. Everyone is invited and encouraged to attend the party! We will share a song, cake from the kitchen and good company.

Doris F.
Janet G.
James D.
Ken B.
Terry S.



Polka & Polka Dots Happy Hour

